



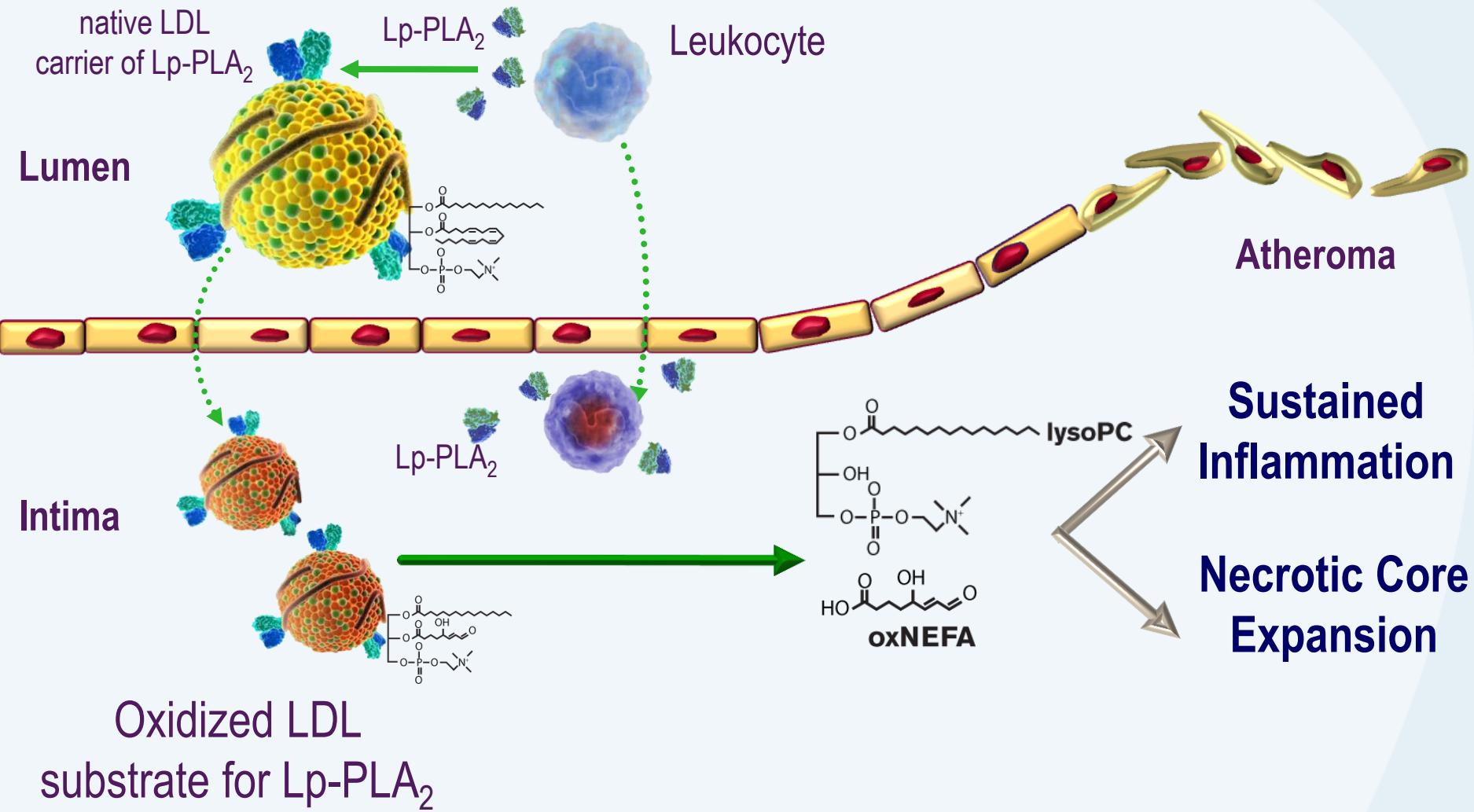
# STABILITY

**Stabilization of Atherosclerotic plaque By  
Initiation of darapLadIb TherapY**

Harvey D White  
on behalf of  
The STABILITY Investigators

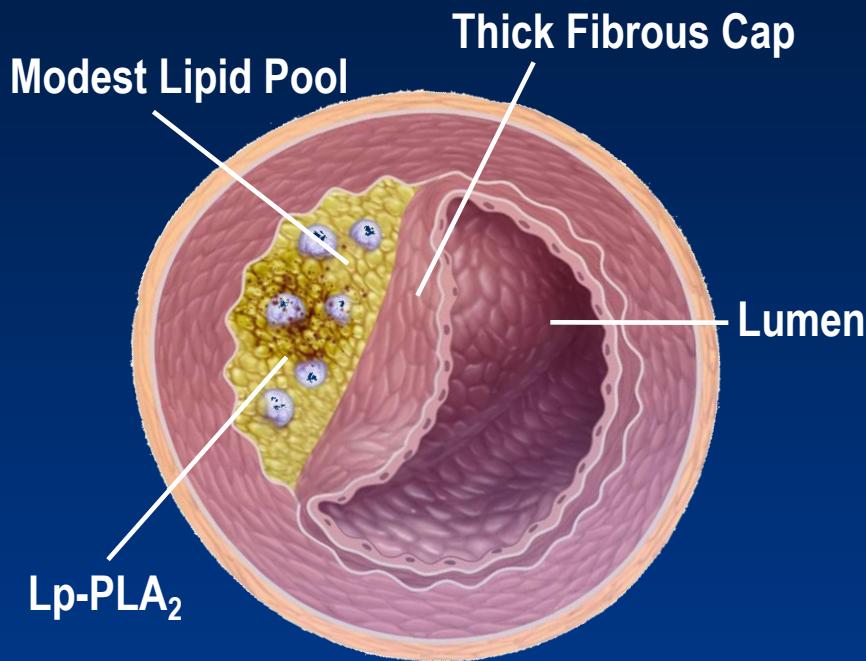


# Lipoprotein- associated Phospholipase A<sub>2</sub> (Lp-PLA<sub>2</sub>) activity: Background



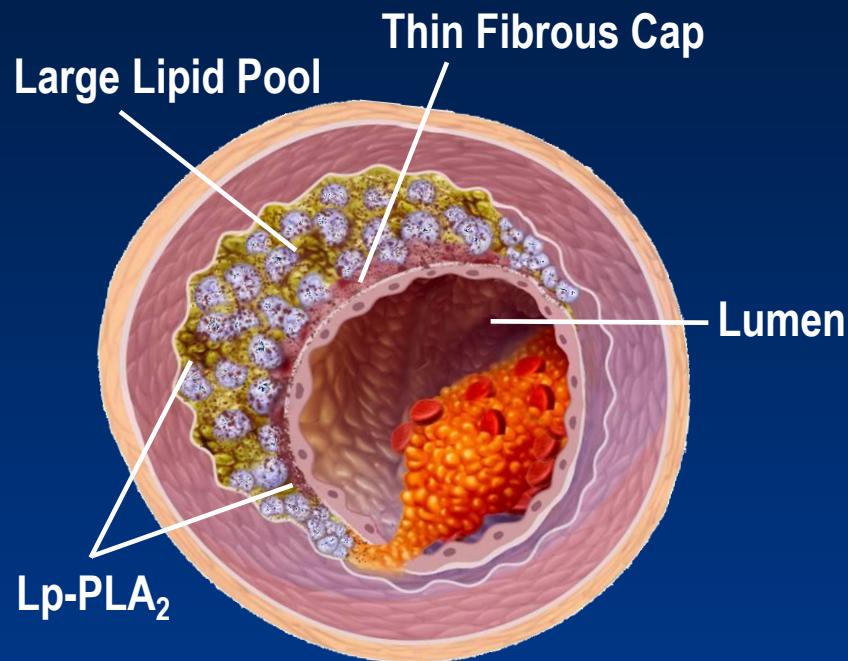
Macphee, *Biochem J* 1999; Zalewski and Macphee, *ATVB* 2005; Shi *Atherosclerosis* 2007; Kolodgie, *ATVB* 2006

# Contrasting histopathological characteristics of a stable versus a vulnerable or ruptured plaque



## Stable Plaque

- ✓ Low Lp-PLA<sub>2</sub> content (dark staining)
- ✓ May have significant stenosis
- ✓ Thick fibrous cap / high collagen content
- ✓ Modest lipid pool
- ✓ Few inflammatory cells

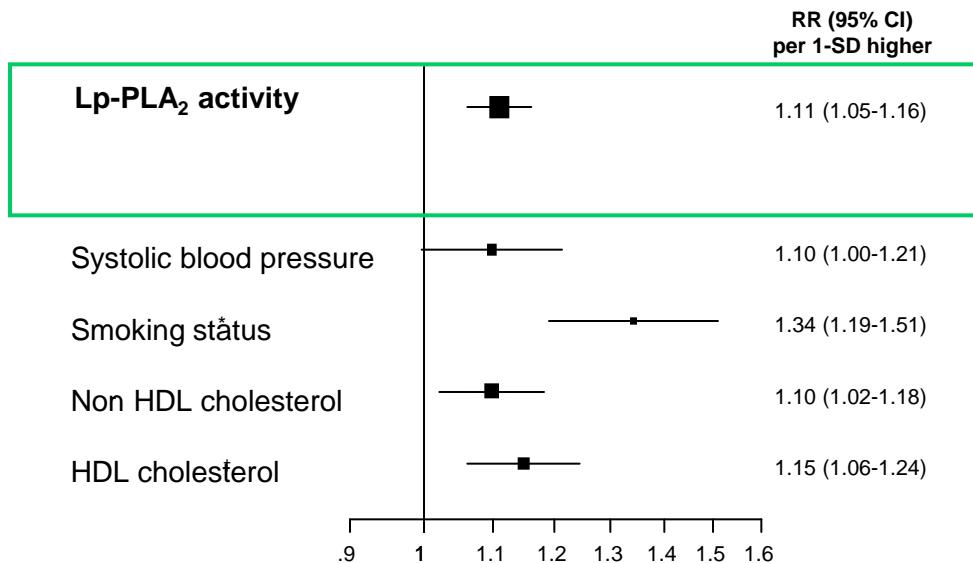


## Vulnerable or ruptured Plaque

- ✓ High Lp-PLA<sub>2</sub> content (dark staining)
- ✓ May have minimal stenosis
- ✓ Thin fibrous cap / low collagen content
- ✓ Large lipid pool
- ✓ Many inflammatory cells

# Lp-PLA<sub>2</sub> and CHD risk: The Lp-PLA<sub>2</sub> Studies Collaboration; compared with conventional risk factors

79,036 participants from 32 prospective studies



Adjusted for non-lipid and lipid conventional risk factors

LSC *Lancet* 2010; 375:1536

# STABILITY: Background

## Association studies

### EPIDEMIOLOGY

Higher Lp-PLA<sub>2</sub> levels predict CV events

### GENETICS

Deficiency in Lp-PLA<sub>2</sub> due to null allele results in decreased CHD

### PATHOLOGY

Up-regulation of Lp-PLA<sub>2</sub> in vulnerable plaques

## Intervention with darapladib

### PRECLINICAL

Reduces Lp-PLA<sub>2</sub> in plaque and necrotic core area (pig)

### HUMAN ATHEROMA

Reduces carotid plaque Lp-PLA<sub>2</sub> activity

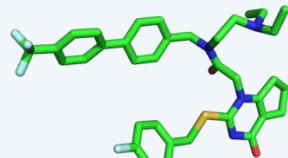
### CORONARY IMAGING

IBIS-2

Halts progression of coronary artery necrotic plaque core volume



Darapladib is a selective oral inhibitor that decreases Lp-PLA<sub>2</sub> by 60%



# **STABILITY Trial**

**Stabilization of Atherosclerotic plaque By Initiation of darapLadIb Therapy**

## **Patients with chronic CHD**

(prior MI >1 mth, prior coronary revascularization, multivessel CAD)

Enrichment criteria:  $\geq 60$  years of age, diabetes mellitus, low HDL, current smoking, significant renal dysfunction, polyvascular disease

15,828 patients randomized

Darapladib 160mg

Placebo

Optimized guideline-mandated treatment

median follow-up 3.7 years , 1588 events

Primary endpoint: composite of CV death, MI, stroke  
Secondary endpoints: major coronary events, total coronary events



# Key Exclusion Criteria

- Planned coronary revascularization
- Current liver disease or severe renal impairment
- Current severe heart failure
- Poorly controlled hypertension
- Severe asthma that is poorly controlled
- History of anaphylaxis, anaphylactoid reactions, or severe allergic responses
- Concomitant cytochrome P-450 inhibitor use
- Lp-PLA<sub>2</sub> activity ≤20.0 nmol/min/mL



# Recruitment into STABILITY Trial (N=15,828)

## North America (25%)

USA	3102
Canada	780
Mexico	141

## Western Europe (22%)

Belgium	202	Italy	256
Denmark	102	Netherlands	444
France	250	Norway	113
Greece	187	Spain	474
Germany	1089	Sweden	299
		UK	184

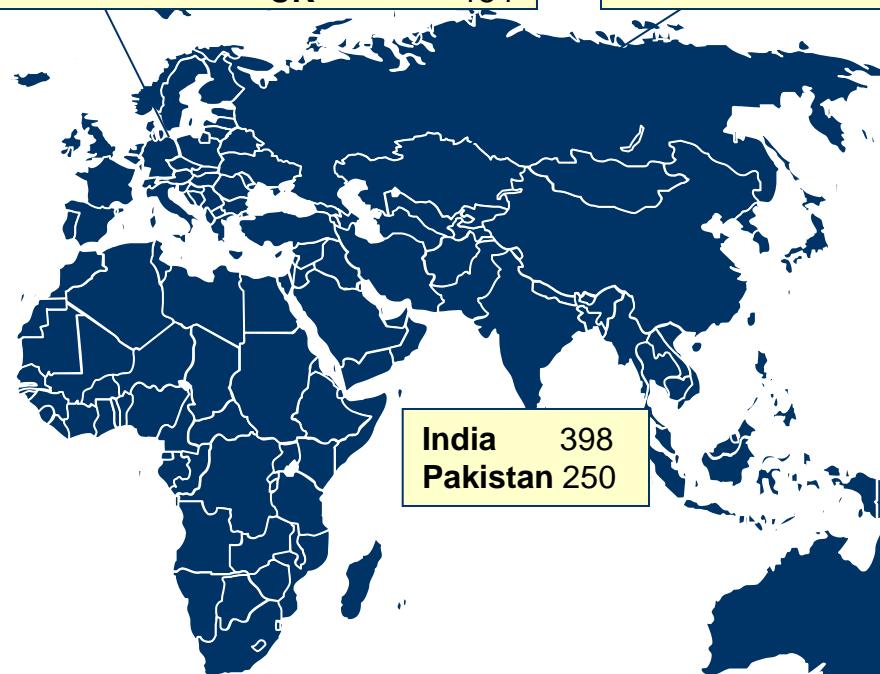
## Eastern Europe (22%)

Bulgaria	222	Poland	510
Cz Republic	774	Romania	411
Estonia	77	Russia	654
Hungary	410	Slovakia	120
		Ukraine	353



## South America

Argentina	542
Brazil	384
Chile	195
Peru	78



## Asia-Pacific/Latina (31%)

# Demographics

	Placebo (N=7904)	Darapladib (N=7924)
Age: Median in years	65.0	65.0
<65 years (%)	49%	48%
65-74 years (%)	37%	38%
>=75 years (%)	14%	14%
Female (%)	19%	18%
Race or Ethnic Group (%)		
White	78%	79%
Black	2%	2%
Central/South/South East Asian	8%	7%
East Asian/Japanese	10%	10%
Other	2%	2%



# Chronic Coronary Heart Disease Qualifying Diagnosis

	Placebo (N=7904)	Darapladib (N=7924)
Prior MI	59%	59%
Coronary revascularization	75%	75%
PCI	50%	50%
CABG	33%	33%
Multi-vessel CAD	15%	15%



# Enrichment Criteria

	Placebo (N=7904)	Darapladib (N=7924)
Age $\geq$ 60 years	73%	73%
Diabetes req. pharmacotherapy	34%	34%
HDL < 40 mg/dL (1.03 mmol/L)	35%	33%
Current smoker or former smoker within 3 months ( $\geq$ 5 cigs/day)	21%	20%
Significant renal dysfunction (eGFR 30 to 59 mL/min/1.73 m <sup>2</sup> or urine ACR $\geq$ 3 mg albumin/g creatinine)	30%	30%
Polyvascular disease (cerebrovascular disease or peripheral arterial disease)	15%	15%



# Baseline LDL

	Placebo (N=7904)	Darapladib (N=7924)
LDL-C (mg/dL)		
Median (Interquartile range)	80 (63 – 101)	80 (63 – 101)
<70 (<1.8mmol/L)	36%	35%
70 – 100 (1.8-2.6 mmol/L)	38%	39%
≥100 (≥2.6 mmol/L)	26%	26%



# Concomitant Medication Usage

	Time Point	Placebo (N=7904)	Darapladib (N=7924)
Aspirin	Baseline	93%	92%
	Study end	91%	90%
Statins	Baseline	97%	97%
	Study end	96%	96%
Beta-Blockers	Baseline	79%	79%
	Study end	79%	78%
P2Y12 Inhibitors	Baseline	34%	34%
	Study end	27%	27%
ACE inhibitor	Baseline	56%	57%
	Study end	54%	54%
Angiotensin II receptor blocker	Baseline	23%	22%
	Study end	27%	26%



# Standard of Care Measures

	Time Point	Placebo (N=7890)	Darapladib (N=7912)
LDL-Cholesterol (mg/dL)			
Median (Interquartile range)	Baseline Study end	80 (63 – 101) 79 (62 – 100)	80 (63 – 101) 78 (61 – 99)
Blood Pressure (mmHg)			
Mean	Baseline Study end	132/79 mmHg 131/77 mmHg	132/79 mmHg 132/77 mmHg



# Subject Status Overview

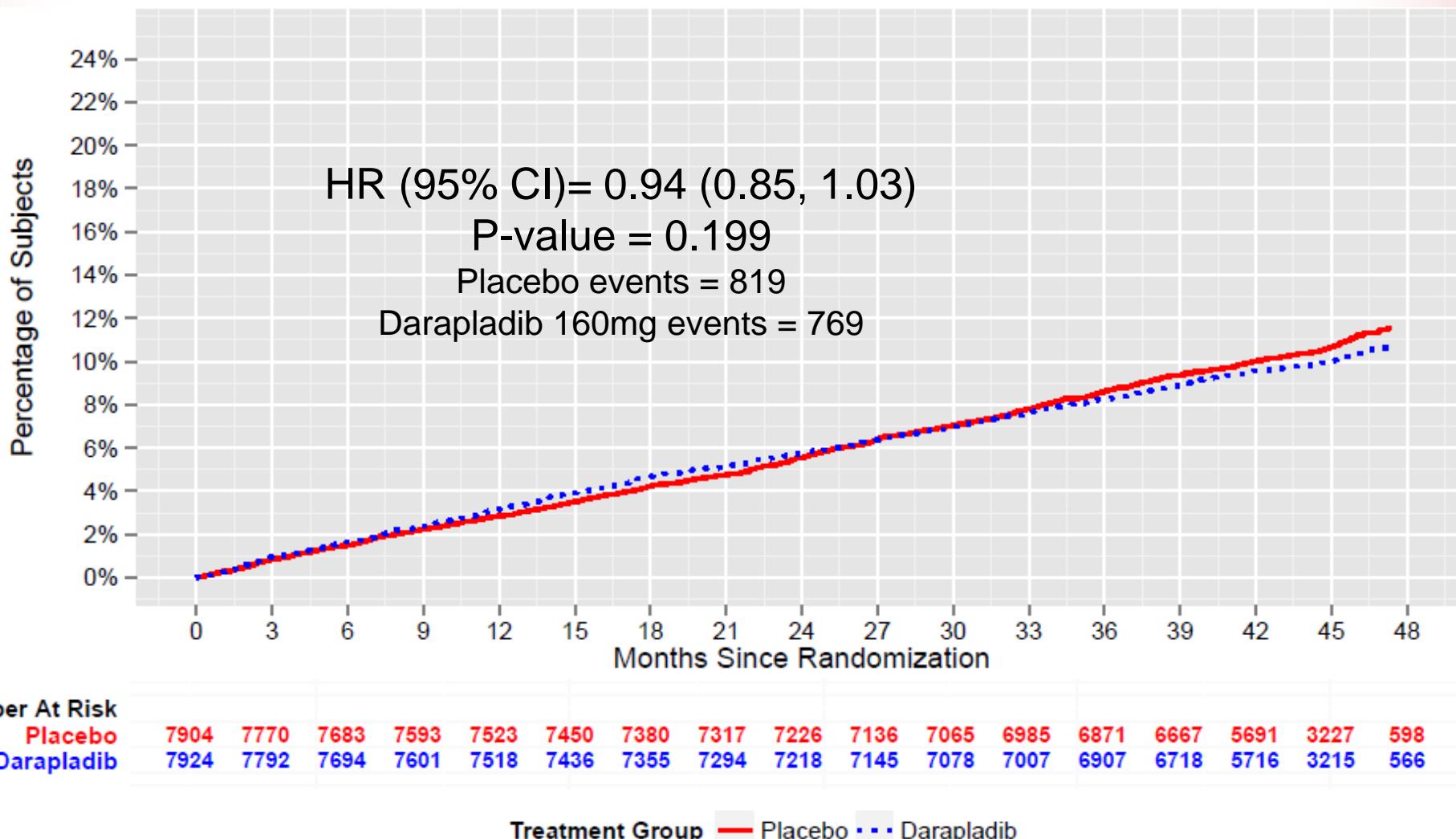
	Placebo (N=7904)	Darapladib (N=7924)
IP Discontinuation	26.8%	32.7%
Study Withdrawal	273 (3.5%)	278 (3.5%)
Complete CV Endpoint Follow-up	7628 (96.5%)	7641 (96.4%)
Complete Vital Status Follow-up	7845 (99.3%)	7877 (99.4%)

**Median follow-up time was 3.7 years for both treatment groups**

**Adherence ( $\geq 80\%$ ) was 91.3% for placebo and 89.3% for darapladib**

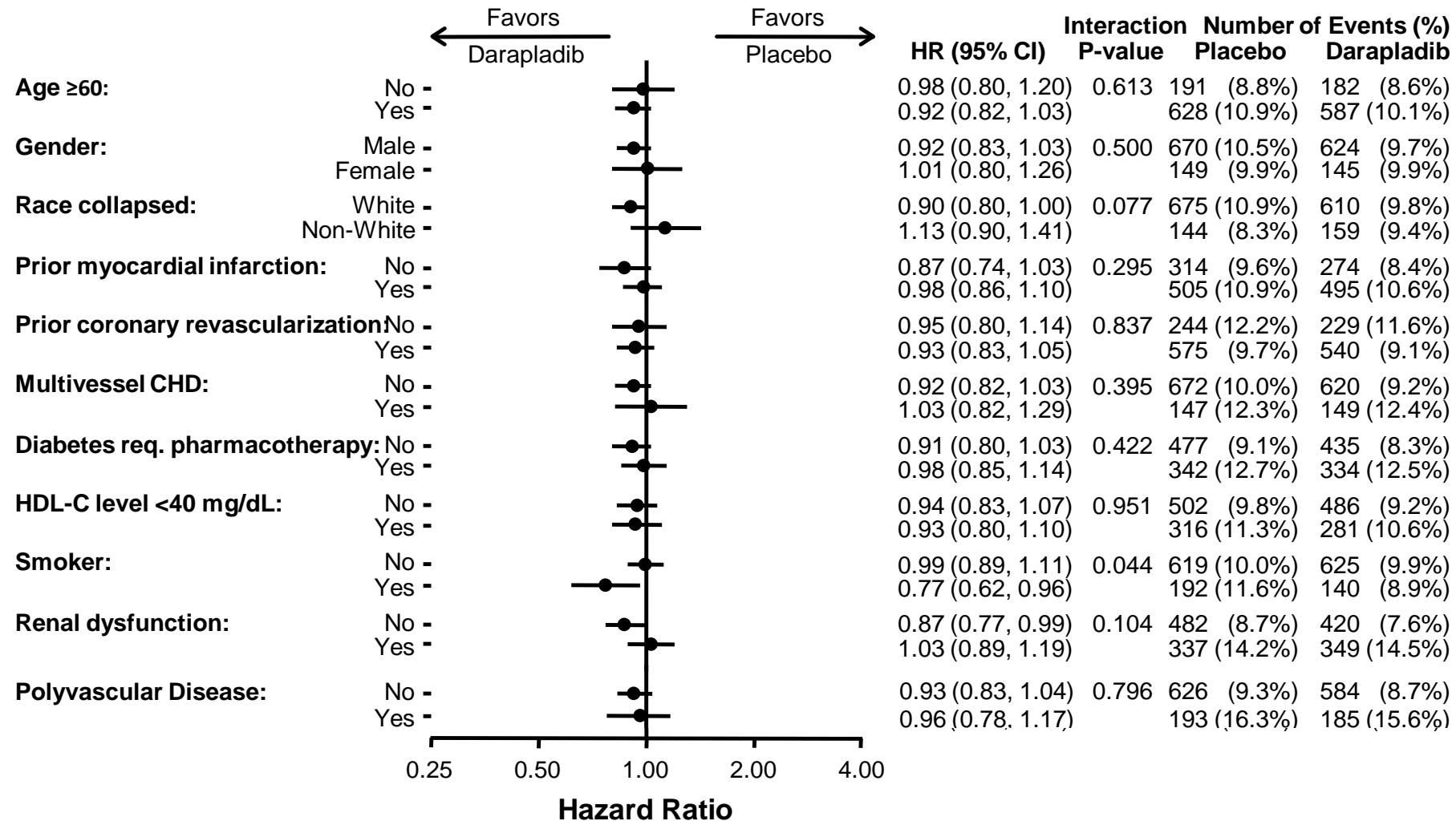


# Primary Endpoint: Time to First Occurrence CV Death, MI, Stroke



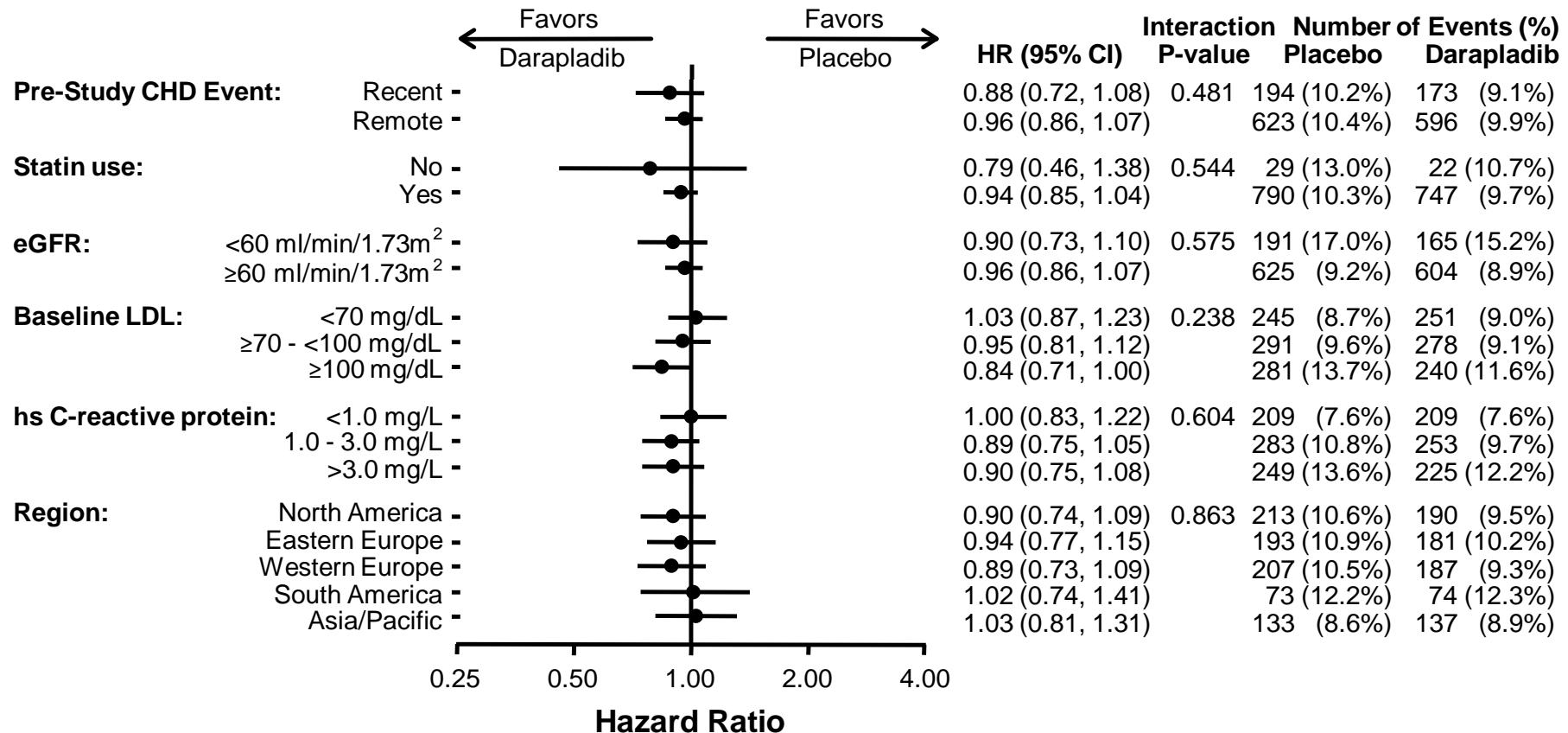
# Subgroup Analyses for CV Death, MI, Stroke

## Baseline Status

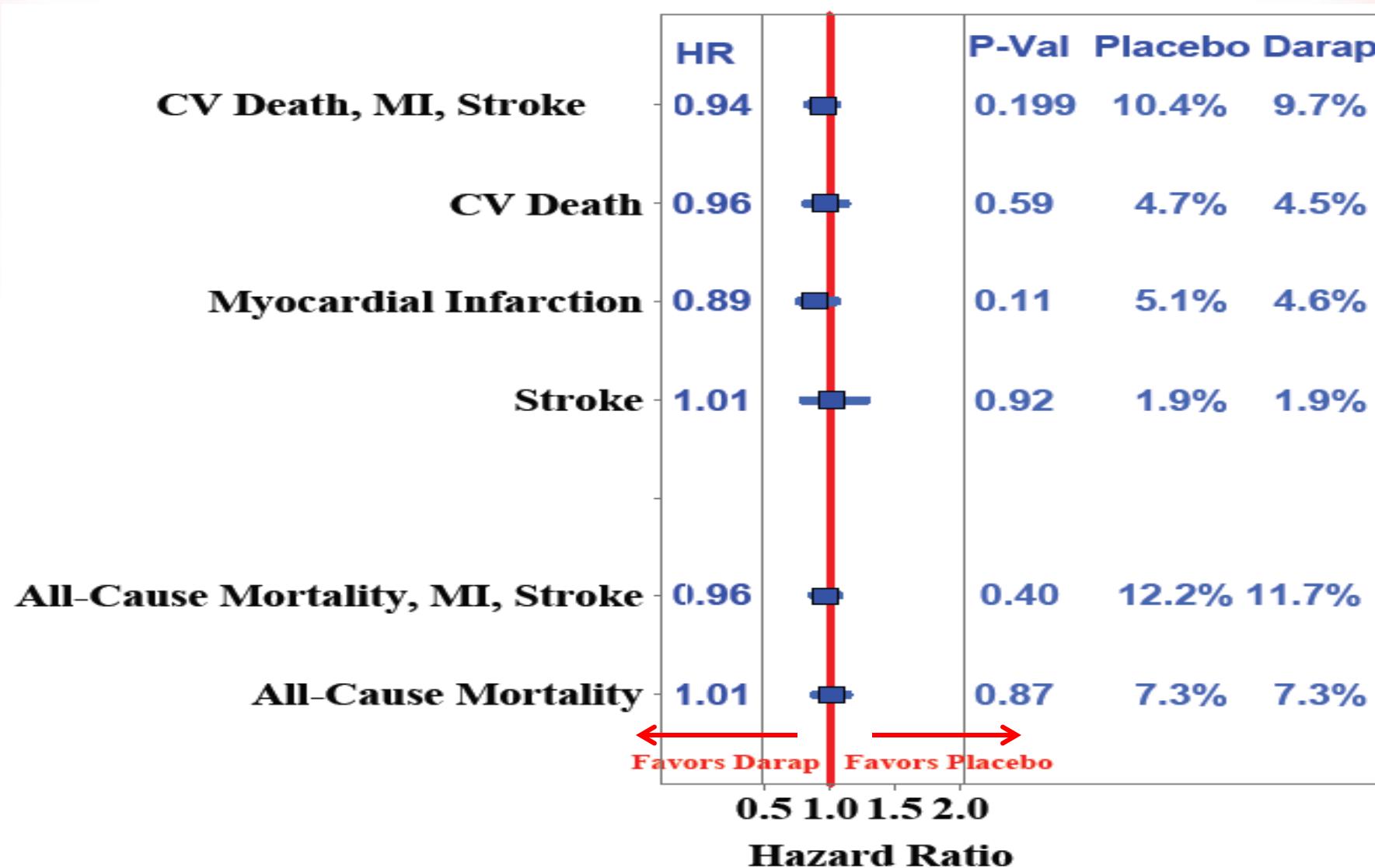


# Subgroup Analyses for CV Death, MI, Stroke

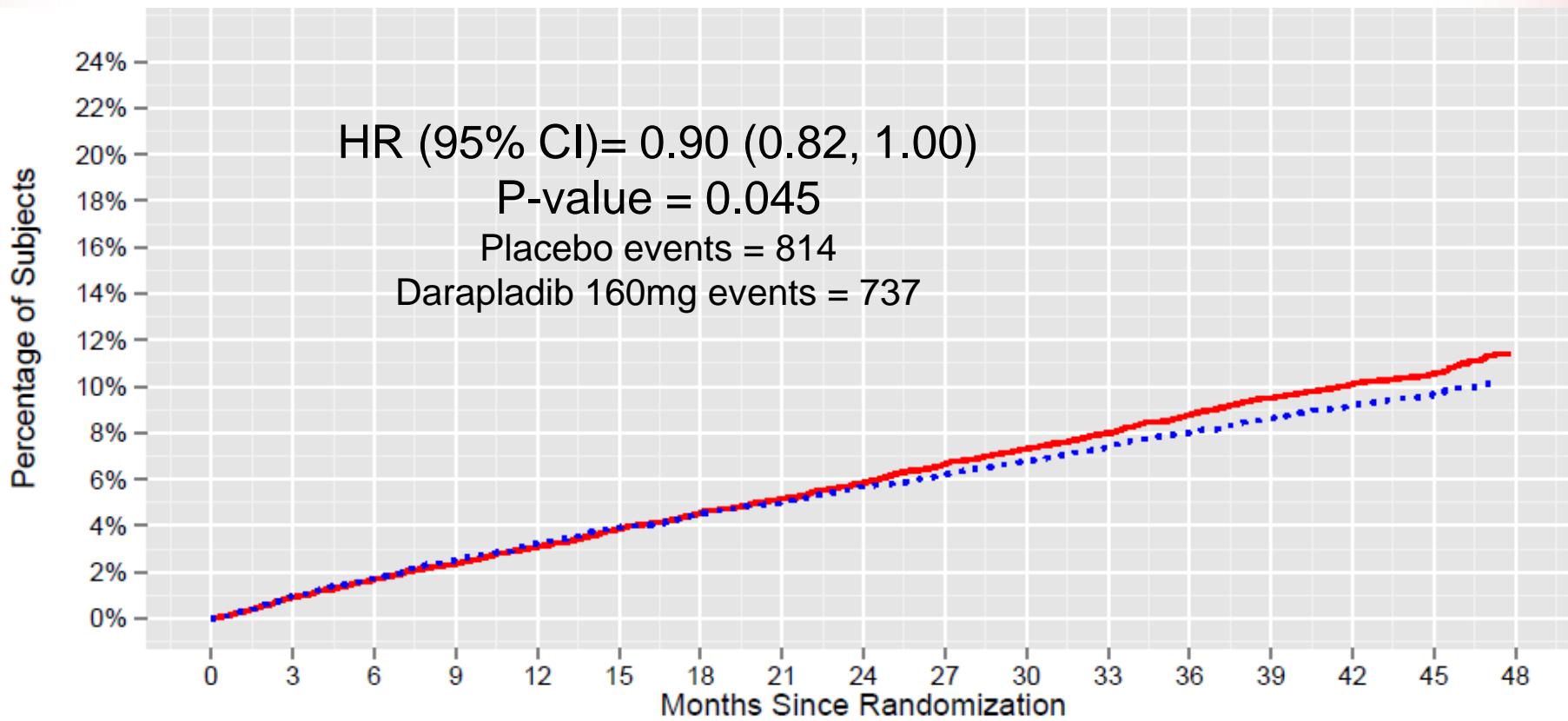
Baseline Status



# Cardiovascular and Mortality Endpoints



# Time to First Occurrence Major Coronary Events (CHD Death, MI, Urgent Coronary Revascularization)

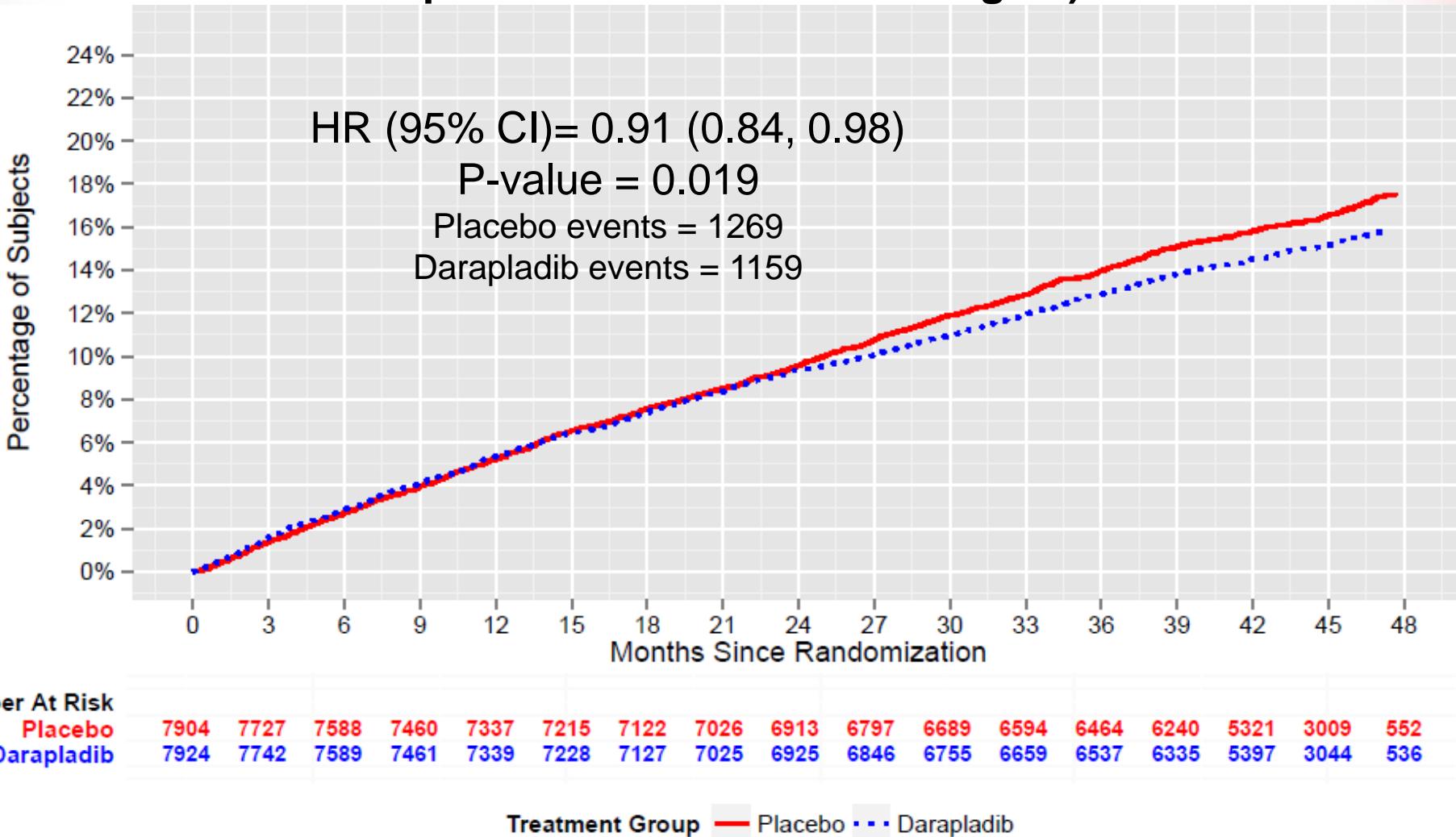


## Number At Risk

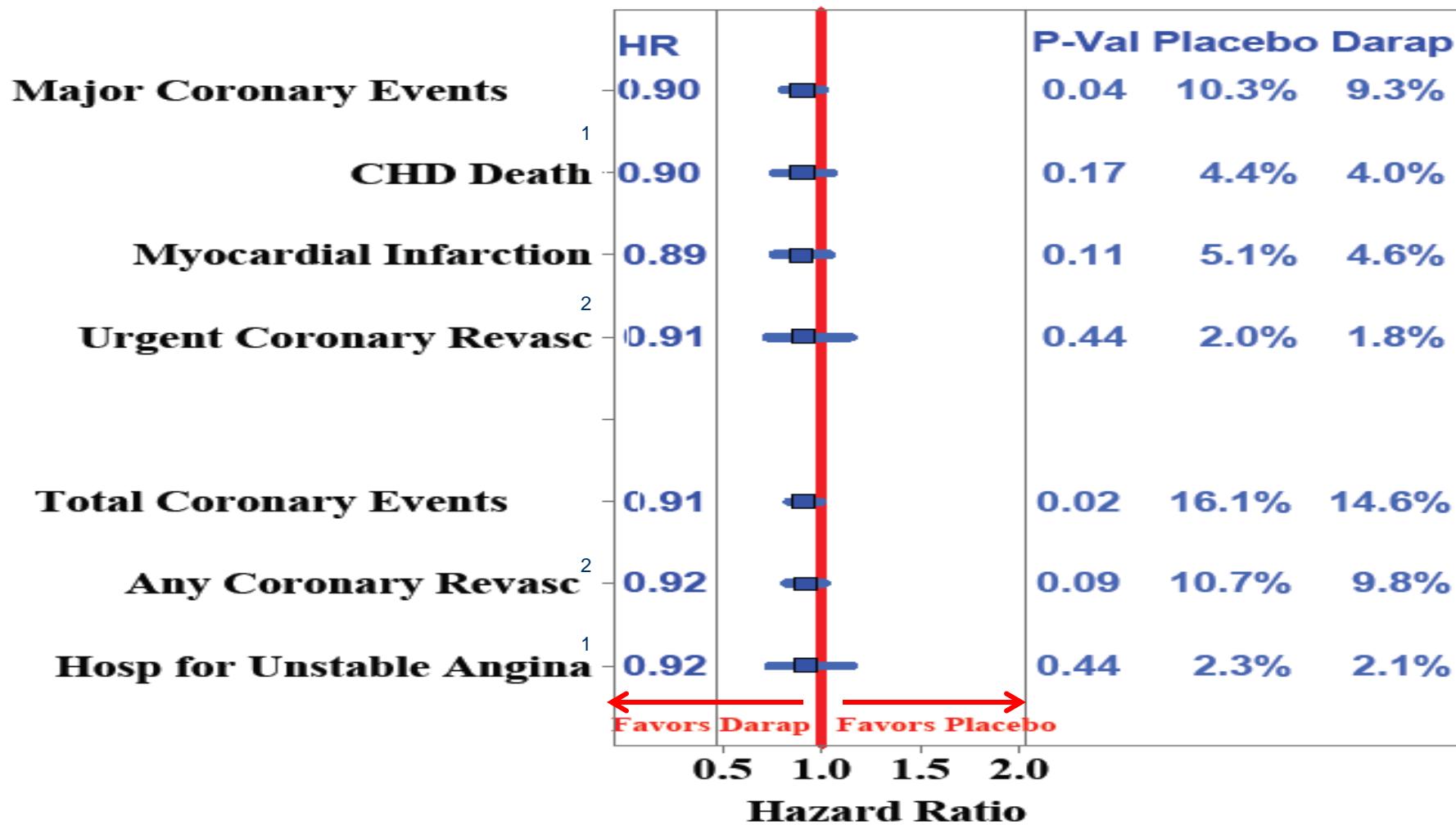
Placebo	7904	7765	7670	7583	7503	7420	7352	7281	7195	7105	7033	6958	6846	6647	5673	3233	601
Darapladib	7924	7787	7678	7581	7499	7420	7346	7280	7200	7132	7067	6993	6889	6706	5719	3223	571

Treatment Group    — Placebo    - - - Darapladib

# Time to First Occurrence Total Coronary Events (CHD Death, MI, Any Coronary Revascularization, Hospitalization for Unstable Angina)



# Coronary-Specific Endpoints



1 - Component of pre-specified composite, but not a pre-specified endpoint

2 - Component of pre-specified composite, pre-specified as an endpoint of interest



# Diarrhea/Odor Adverse Events Leading to Study Drug Discontinuation

	Placebo (N=7890)		Darapladib (N=7912)	
	n (%)	Rate per 100 PY	n (%)	Rate per 100 PY
Diarrhea	60 (0.8%)	0.21	254 (3%)	0.92
Abnormal feces	5 (<0.1%)	0.02	177 (2%)	0.64
Abnormal skin odor	4 (<0.1%)	0.01	174 (2%)	0.63
Abnormal urine odor	1 (<0.1%)	<0.01	113 (1%)	0.40



# Adverse Events

	Placebo (N=7890)		Darapladib (N=7912)			
	n (%)	Rate per 100 PY	n (%)	Rate per 100 PY		
Any serious adverse event	3448 (44%)	16.02	3369 (43%)	15.53		
Any adverse event leading to study drug discontinuation	1067 (14%)	3.98	1569 (20%)	6.25		
Asthma	64 (0.8%)	0.23	43 (0.5%)	0.15		
Renal Effects						
Renal failure	89 (1.1%)	0.32	120 (1.5%)	0.43		
eGFR (ml/min/1.73m <sup>2</sup> ): Mean (SD) change from baseline at end of treatment period	1.7 (14.4)		-0.8 (14.1)			
Treatment difference (95% CI)	-2.5 (-3.0, -2.1)					
Cancer						
New cancer	529 (6.7%)		508 (6.4%)			
Adjudicated new GI cancer	105 (1.3%)		102 (1.3%)			
Liver Events	52 (0.7%)		54 (0.7%)			
Anaphylaxis	7 (<0.1%)		9 (0.1%)			

# Conclusions

Darapladib in patients with stable CHD followed for 3.7 years on a background of optimal medical therapy

- Did not significantly reduce the incidence of the primary composite endpoint of CV death, MI or stroke
- There was no effect on stroke or total mortality
- Reduced the prespecified coronary-specific secondary endpoints of major coronary events (1% absolute) and total coronary events (1.5% absolute) with nominal significance ( $p<0.05$ )



# Implications

The STABILITY trial is the first large scale randomized global trial to test a novel mechanism of inhibition of inflammation in the atherosclerotic plaque

- Further analyses of the trial results in subgroups based on biomarkers, including Lp-PLA<sub>2</sub> levels, and genetics will explore if darapladib might be useful in specific patient subsets
- The STABILITY trial results indicate that darapladib warrants further evaluation in other clinical settings



# **Study Acknowledgements**

**We would like to acknowledge all  
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whom this study would not be  
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