



### **EBBINGHAUS:**

## - A Cognitive Study of Patients Enrolled in the FOURIER Trial

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American College of Cardiology – 66<sup>th</sup> Annual Scientific Session

Late-Breaking Clinical Trial

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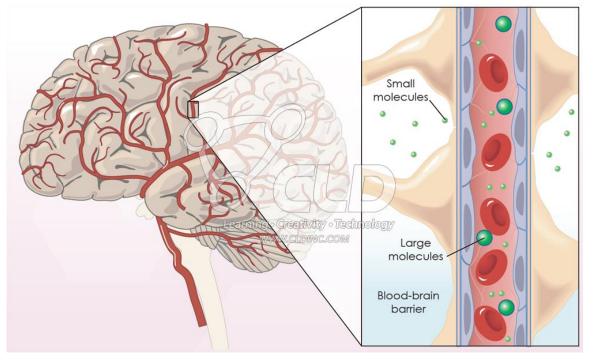
### **Cognition and Statins**

- Case series and 2 small, 6-month RCTs with statins raised concern regarding cognitive deficits
- In 2012 FDA added risk of adverse cognitive effects to label of all statins
- –However analyses from large scale RCTs do not support these findings and 2014 Statin Cognitive Safety Task Force\* concluded that statins are not associated with cognitive side effects.



### **Cognition and PCSK9 Inhibitors**

Brain synthesizes cholesterol locally



mAb (e.g., evolocumab) are too large to cross the intact bloodbrain barrier

Nevertheless meta-analysis\* of adverse events from 6 trials in 9581 pts suggested an increased risk with PCSK9 inhibitors: HR 2.3 [1.1, 4.9]

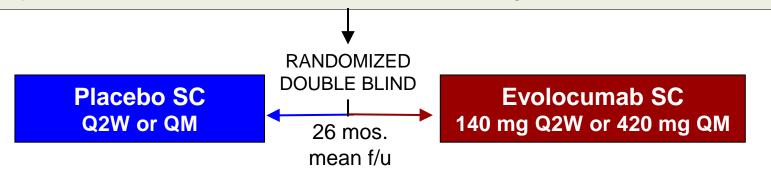
- Event rates low (<1%)</li>
- Unadjudicated, diverse AE terms reported
- Not correlated with LDL-C achieved



### FOURIER: Summary Results fourier



**FOURIER Study Population:** 27,564 stable patients with CV disease, age 40-85 years; additional CV risk factor(s), LDL  $\geq$  70 mg/dL (or non-HDL  $\geq$  100)



#### Evolocumab on background of statin c/w placebo:

- **↓ LDL-C** by 59%
- ↓ CV outcomes on background of statin therapy
- Safe and well-tolerated



#### **EBBINGHAUS: Hypothesis**



The addition of evolocumab to statin therapy in patients with clinically evident vascular disease does not adversely affect cognitive function



### **Trial Organization**



**Executive Committee** 

Robert P. Giugliano (Chair) François Mach Brian R. Ott

TIMI Study Group

Marc S. Sabatine (Chairman) Marc P. Bonaca (Safety Desk)

Sabina Murphy (Director of Stats) Kelly Im (Assoc Dir Stats) Estella Kanevsky

Cambridge Cognition: Kenton Zavitz (non-voting member of EC)

Sponsor: Amgen

Christopher Kurtz Scott M. Wasserman Narimon Honarpour

Kelly Hanlon Beat Knusel Thomas Liu

Jingjing Schneider Huei Wang

Participating Countries (N=30)

Australia Belgium Canada Czech Republic Denmark Estonia **Finland** France Germany Greece Hong Kong Hungary Italy Latvia Japan Norway Lithuania Malaysia **Netherlands** New Zealand

Poland Portugal Russia Slovakia South Africa

Spain Sweden Turkey United Kingdom USA

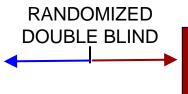


### **Trial Design**



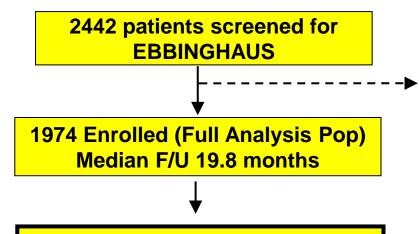


Placebo SC Q2W or QM



Evolocumab SC 140 mg Q2W or 420 mg QM





#### **MAJOR EXCLUSIONS**

- 1. Not enrolled in FOURIER
- 2. >12 wk FOURIER visit
- 3. H/O dementia, cognitive impairment or other conditions interfering with participation

#### **Primary Analysis Cohort (N=1204)**

Baseline cognitive testing on/before

1st dose of study drug and had f/u

cognitive testing post dosing\*

Additional 770 pts w/ baseline assessment before week 12 visit

\*Cognitive tests performed at baseline; at 6, 12, 24 months; and end of study





#### **Baseline Characteristics** (Full Population)



Characteristics Value		
Age, years, mean (SD)	63 (9)	
Male sex	72	
Education, years, mean (SD)	13 (3)	
Prior stroke	20	
Non-stroke neurologic disease	14	
Atrial fibrillation at any time	9	
Congestive heart failure	24	
Hypertension	84	
Current cigarette use	33	
High intensity statin use 71		
<b>LDL-C</b> , mg/dL, median [25 <sup>th</sup> , 75 <sup>th</sup> ] <b>92 [80-108</b>		

Median time from most recent event ~3.5 yrs;





### **Endpoints**



1. Cambridge Neuropsychological Test Automated Battery (CANTAB) Assessments, a standardized, well-validated computer tablet-based testing platform.

Assessed at baseline, 6, 12, 24, 48 mos and study end.

Primary: Spatial working memory strategy index

of executive function

Secondary: Spatial working memory between errors

Paired associates learning

Reaction time

Exploratory: Global score (combines above 4 tests)

- 2. Patient survey of everyday cognition\* at study end
- 3. Investigator report of cognitive AEs

\*Memory and executive function domains



Owen 1990 PMID: 2267054; Sahakian 1988, PMID: 3382917; Owen 1996 PMID: 8714706; Kollins PMID: 21476931



### **Statistical Considerations**



#### Primary Endpoint Analysis – Non-inferiority

- NI margin = 20% of placebo SD (Cohen's d=0.2)
- Upper 95%CI of change from baseline in primary endpoint (SWM strategy index Z-score) is compared to non-inferiority (NI) margin

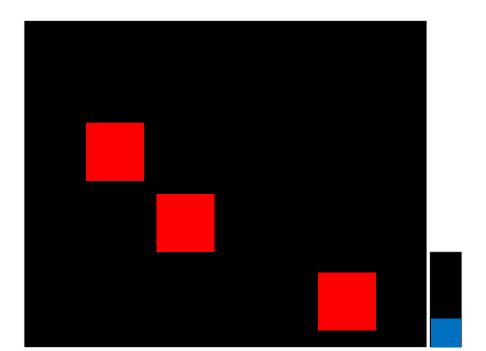
#### Other Analyses:

- Other 3 CANTAB tests
- Global score = average of 4 Z-scores of CANTAB tests
- CANTAB tests post nadir LDL-C achieved

# CANTAB - Spatial Working Memory (SWM)

- Search for the blue token hidden within a red box
- Number of red boxes increases each round (3, 4, 6, 8).
- Critical instruction: Do not return to a box where a blue token was found.

SWM strategy index: = # inefficient searches started. Range 4-28.

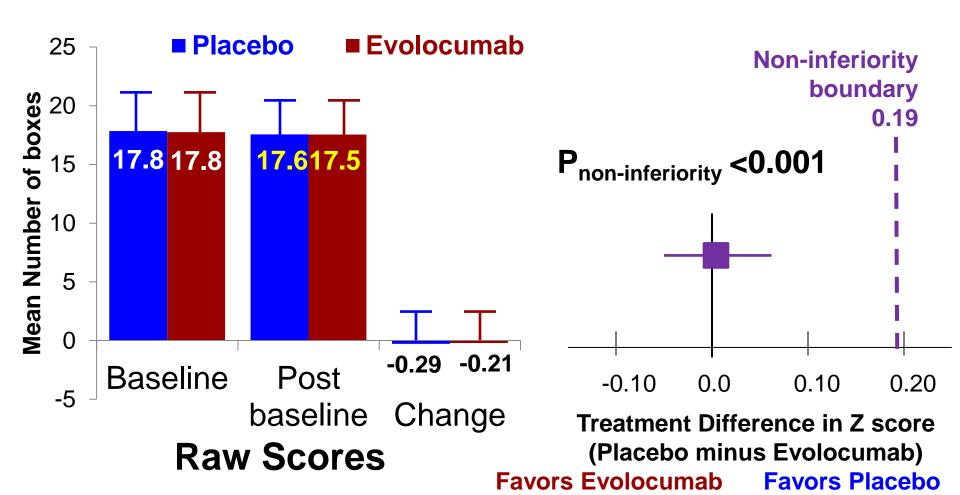


Lower scores represent better performance



## Primary Endpoint Spatial Working Memory Strategy Index





#### **Secondary Endpoints**

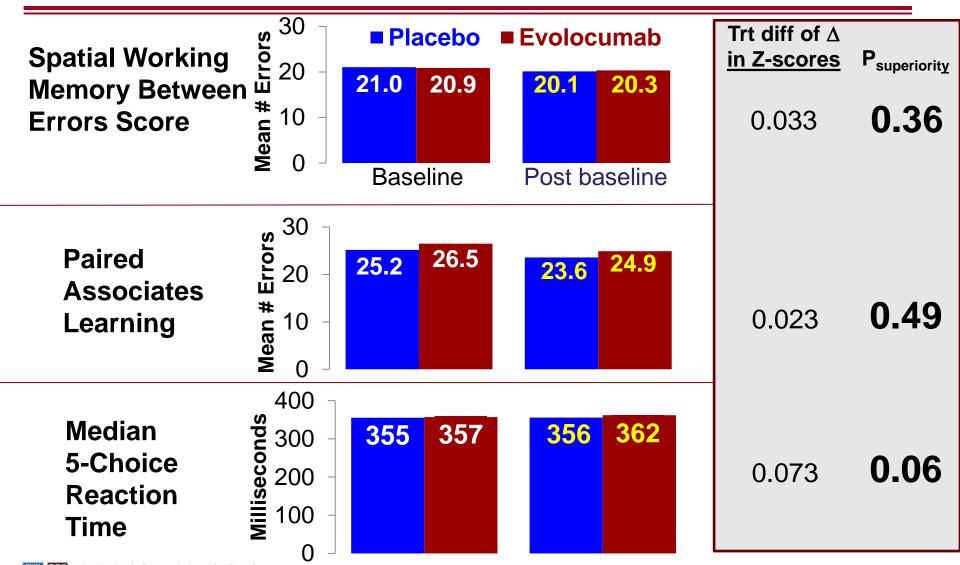
<b>Test Name</b>	Task description	Scoring
Spatial Working Memory Between Errors Score	Find the hidden blue token	# times a box is revisited in which a token was already found
Paired Associates Learning	Memory matching game (Concentration)	# times errors made in finding a match
Reaction Time	Touch yellow dot quickly after it appears on screen	Time in milliseconds until dot touched

Lower scores (fewer errors, faster time) are better



#### **Secondary Endpoint Results**

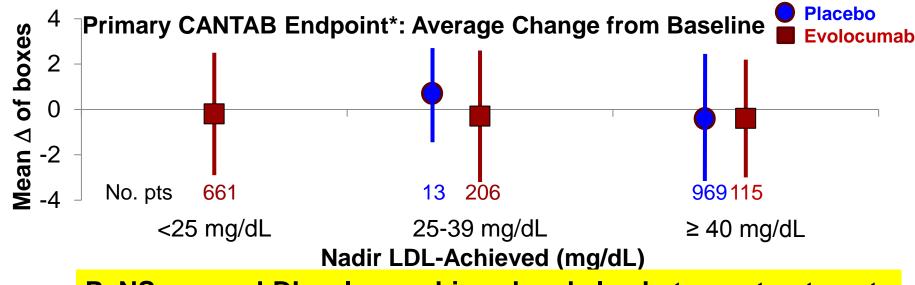


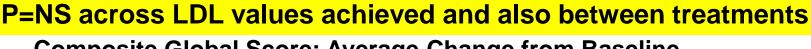


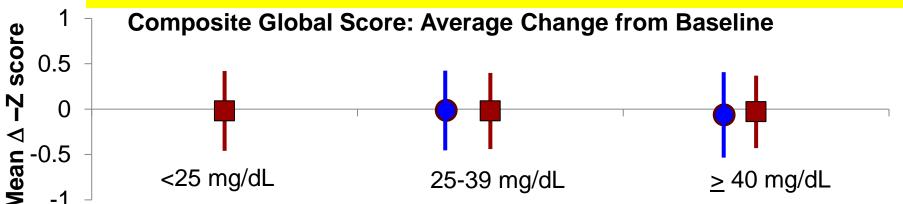


## Cognitive Assessments by Nadir Achieved LDL-C and Treatment (Full Pop)











Negative score -> improvement Lower scores are better \*Spatial working memory strategy index of executive function, raw score



## Patient Self-Report: 23 Questions Regarding Everyday Cognition



All Patients	Placebo	Evolocumab	
	(N=781)	(N=800)	
	Mean (SD)	Mean (SD)	P-Value
Memory	1.16 (0.39)	1.17 (0.39)	0.81
<b>Executive functioning total score</b>	1.11 (0.32)	1.12 (0.32)	0.28
Planning	1.08 (0.31)	1.10 (0.32)	0.20
Organization	1.09 (0.32)	1.10 (0.33)	0.57
Divided attention	1.15 (0.42)	1.16 (0.41)	0.54
<b>Total Score</b>	1.13 (0.33)	1.14 (0.33)	0.42

Patient self-report at end of study as compared to randomization, graded as

- 1. Better or no change
- 3. Consistently a little worse

- 2. Questionable / occasionally worse
- 4. Consistently much worse

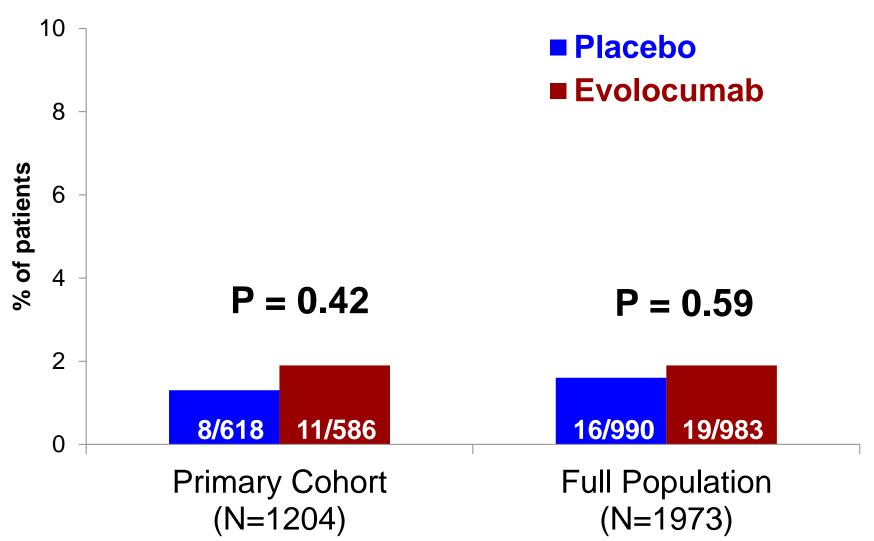
Lower scores represent better cognition





## Investigator Reported Cognitive Adverse Events







#### Conclusions



## In patients with known cardiovascular disease on background statin followed for 20 months

- 1. No differences btw evolocumab vs placebo
  - A. A battery of cognitive tests
  - B. Patient-reported everyday cognition
  - C. Adverse cognitive events reported by MD

2. No evidence of differences in cognitive tests by achieved nadir LDL-C, even <25 mg/dL